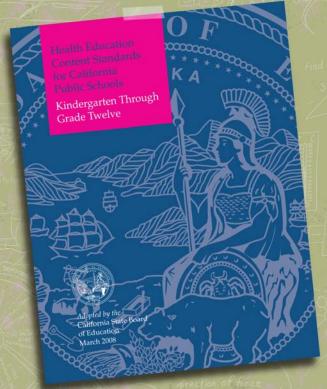
## Health Education Content Standards for California Public Schools



## Kindergarten Phrough-Grade Jwelvi

Good health and academic success go hand in hand — and students need comprehensive health education to prepare themselves for any path they may choose in life. Adopted by the State Board of Education in 2008, California's first health education standards provide a solid foundation for teaching students how to maintain and improve their health; prevent disease; reduce health risks; and develop health knowledge, attitudes, and skills that foster academic achievement, increase attendance rates, and improve behavior at school. Achieving these standards will help all students in California's public schools to lead long, healthy, and productive lives.

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